



Calwell Neighbourhood Watch Newsletter

AUGUST 2009

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**Please assist our Police by reporting all suspicious activity to Crime Stoppers on 1800 333 000.
For Police Attendance call 131 444, but for all life threatening emergencies call 000.**

Dear Calwell Residents...

What a month it has been! In our last issue, Calwell NHW commented on the greatness of our suburb and encouraged you to get out there and get to know your neighbour and your suburb. We don't have to re-invent the wheel—collecting litter and sweeping leaves are great ways of doing your part.

Last month we talked about organising walking groups in Calwell. One group that walks around Calwell is the KidsMatter Walk Fit Group, which is registered with the National Heart Foundation and caters for parents with prams. This group meets every Friday at 9.15am at St Francis of Assisi Primary School. For more information please contact Yvette on 6292 3042. Another active walking group in Calwell is the ACT Race and Fitness Walking Club Calwell-Theodore. For more information please contact Val on 6292 8994. The Calwell NHW is looking to organise a walking group for adults and seniors that will be registered with the National Heart Foundation. If you would like to lead and organise this activity, please email editor.calwellnhw@gmail.com or call me on 6291 0022. More information is available at www.heartfoundation.org.au.

Our ACT Neighbourhood Watch Association has a new President—Margaret Pearson of Farrer has taken on this role unopposed. In our own Calwell NHW, Eliza Zekalo has been elected Convenor. I wish to congratulate both of them on keeping the dream alive! I remain as your Regional Director in Tuggeranong.

In other news, both Eliza and I have met with both the Calwell Primary and High School Parent and Citizen committees. We have established reciprocal support for our newsletter and have encouraged both schools to work together with Calwell NHW in supporting our objective of building a strong community. We will be meeting with St Francis of Assisi Primary School soon, and will look to organise community forums with the ACT Police and ACT Safety House. For more information about the ACT Government's Home Safety Program go to www.homesafety.act.gov.au or contact the Program on 6103 9084.

Theodore / Calwell proposed Medical Centre update

The Live In Canberra campaign, which is run by the ACT Government, has launched an advertising campaign to attract GPs from the United Kingdom to address the GP shortage in the ACT. Doctors4tuggeranong, together with the Tuggeranong Community Council organised a health forum last month, where groups of local GPs, pharmacists and small business owners attended and shared their views. If there are any residents or GPs interested in learning more about this initiative, then we would like to hear from you. Please email doctors4tuggeranong@hotmail.com or phone 6291 0022. For more information about the Live in Canberra program, go to www.liveincanberra.com.au.

H1N1 Influenza (Human Swine Flu)

If you think you have influenza, please call Health direct Australia on 1800 022 222 (24 hours) or call your GP. They will assess and refer you to an Influenza Assessment Centre (IAC) if necessary. Only attend these centres if you have an appointment. This will reduce delays, and the spread of infections during waiting periods. For more information please go to the ACT Government Health website at www.health.act.gov.au or call the Health information hotline on 1802 007.

ACT regional community bus services

The Regional Community Services operate flexible bus services for ACT residents who are isolated because of a lack of other viable transport options. The buses operate from Monday to Friday, generally within their own regional area. Pick up and set down points can be negotiated when making a booking. For more information contact Communities@WorkWestonCampus on 6288 4744 or email admin.west@commsatwork.org.

We would like to congratulate Calwell High School on their fantastic effort of winning the ACT Rock Eisteddfod Final! All the best of luck for the Sydney Grand Final in September!

That's all for now folks, happy reading, and feel free to see me at Coffee On the Go at Calwell shops for further information on the Calwell NHW.

Our next meeting is on Thursday 17 September at 7pm at the Calwell Club Board Room. All welcome to come.

Nick Tsoulias
Regional Director Tuggeranong &
Calwell Neighbourhood Watch

Want to get involved and make a difference in Calwell?

Become a member of the Calwell NHW!

There are only three steps involved...

1. Go to <http://www.nhwact.com.au/membership> to download the membership form.
2. Post it to GPO Box 1047 Canberra ACT 2601.
3. Come along to our next monthly meeting on Thursday 17 September at the Calwell Club at 7pm.



Steve
Doszpot
Member for Brindabella

If you have any comments or issues you would like to discuss, please contact:

t: 6205 0131 f: 6205 0412
e: doszpot@parliament.act.gov.au
w: www.parliament.act.gov.au/members/doszpot

Information sought after damage to letter boxes

ACT Policing are investigating damage to three residential letter boxes in three different south-side suburbs that occurred on August 13, caused by an explosive substance.

Between 9.50pm and 10.20pm, letter boxes in Theodore, Calwell and Gordon suffered minor damage from the suspected explosions, with small pieces of debris landing up to 40 metres from the incident locations.

A white coloured four wheel drive was observed in the vicinity of two of the incidents around the time they occurred. The vehicle is described as a Land Rover Discovery or similar, bearing partial ACT registration YII.

Anyone who may have information about these incidents, or who recognises the description of the vehicle is urged to contact Crime Stoppers on 1800 333 000 or through the website at www.act.crimestoppers.com.au.

Crime statistics for July 2009

A total of 28 crimes were reported during July—that's almost one crime committed per day for the entire month. For information about preventative measures you can take to ensure your personal safety, as well as the safety of your home, car and contents please visit www.nhwact.com.au then click on **Articles**.

Crime statistics have been removed from the web version of this newsletter as requested by the AFP.

Neighbourhood Watch 25th anniversary dinner

A dinner commemorating the 25th anniversary of the ACT Neighbourhood Watch Association will be held at the Olympus room, Hellenic Club, Phillip on Wednesday 23 September 2009, 7pm for a 7.30pm start.

Tickets cost \$30 and include a two course dinner with VIP guests attending. Dress is strictly 'lounge suit' for men and 'after five' for women.

Bookings and payment by cheque or money order payable to ACT Neighbourhood Watch Inc (Association) can be made to Brian Schiller 62861138 or Ursula Macdermott 62810673.



The Calwell Neighbourhood Watch would like to thank the Bendigo Bank and Calwell Club for their generosity and continued support.



It's about you. Always!
Communities@Work

Parenting Matters

Parenting Matters offers a variety of practical parenting support and strategies to address challenging behaviours in children between the ages of 2–8.

We can discuss strategies regarding sleep and meal time routines, not listening, oppositional behaviour, tantrums and other behaviours of concern to you.

We are located at the Richardson Child Care and Education Centre, May Gibbs Close Richardson. You can contact us on 6100 7160 or find more information on our website www.commsatwork.org

Parenting Matters is managed by Communities@Work and is funded by the Office for Children, Youth and Family Support.



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